



Country Fact Sheet

Russian Federation

2019

Credit: Tom Grimbert

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I. Checklist for a Voluntary Return



Credit: IOM Moscow / 2016

Before the Return

The returnee should

- ✓ Request documents from the German authorities that might be needed later on. These include birth certificates of children, documents confirming marital status, education, and health. All documents should be translated into Russian
- ✓ If arriving in Moscow by plane, use the train services to get to the city-center or ask for VARP benefits
- ✓ Check vaccinations, especially for children
- ✓ Find temporary accommodation

After the Return

The returnee should

- ✓ Register with the local department of the Ministry of Interior with the travel document
- ✓ (Re-)register for health insurance and the pension insurance system
- ✓ Apply for social welfare
- ✓ Contact services assisting with the search for jobs and housing
- ✓ Apply for the enrolment of children to a kindergarten, school, or other educational institutions
- ✓ Consult www.gosuslugi.ru in order to identify which service can be received online. The majority of the services can also be received by applying in person to Multifunctional Centers (MFC) located in various places within the country: <http://xn--llaqg.xn--plai/>

II. Health Care

I. General information

Medical services are provided by the state and by private medical institutions. Citizens of the RF are entitled to free medical services within the Obligatory Medical Insurance System (OMS) funded by the State. One can receive paid medical services at both, state and private clinics through direct payments to the clinics or in the framework of a Voluntary Medical Insurance (DMS).

Benefits:

Free medical care covers the following services:

- Emergency medical care
- Ambulatory care including preventative treatments, diagnosis and treatment of diseases both at home and in polyclinics
- In-patient treatment in a hospital
- In some cases, medication can be provided free of charge

Costs:

Medical services within OMS are free of charge. Paid medical services are also available both in state and private clinics. Price lists are usually available on the medical institutions' websites.

2. Medical treatment and medication

Medical facilities and doctors:

The list of medical facilities in the country with their contact details can be found on the website <https://www.rlsnet.ru/hos.htm>, or contact the Ministry of Health of the Russian Federation: <https://www.rosminzdrav.ru/ru>.

Patients, and those hospitalized at home, purchase medicine at their own expense, except for those entitled to receive free medication at the expense of the state budget. At 24-hour and daily hospitals free medication is provided to all OMS covered citizens.

Procedure of admission:

The patient should consult the local polyclinic at the place of residence and will be admitted upon presenting a valid ID and OMS card.

Availability and costs of medication:

Availability and price of specific medications or their substitutes should be checked before departure in each particular case. In emergency and ambulance situations, medication is free, both in clinics and in outpatient care. Russian citizens normally buy the necessary medicine at their own expense.

Prices for medicine varies depending on the region and even on the location of the drugstore, as there are no fixed prices for medication. Citizens suffering from certain diseases are entitled to benefits financed from the federal budget, such as “the social package”, which includes free medicines, sanatorium treatment and transport (city transport and local trains).

Health Care System: Access for Returnees

Eligibility and requirements:

As citizens of the RF, returnees are entitled to free medical services within the OMS. They can also receive paid medical services at both state and private clinics through direct payments to the clinics or in the framework of the Voluntary Medical Insurance (DMS).

Registration procedure:

Any RF citizen can obtain an OMS policy card upon presentation of a valid RF passport or a birth certificate (for children under 14) at the closest insurance company office at the place of residence.

Required documents:

Valid RF passport or a birth certificate (for children under 14) and valid registration at the place of residence.

III. Labour Market and Employment (1/2)

I. General information

The labor force in the RF counts around 74.9 million people between the ages of 15 to 72. Around 61.9% of the population makes up the country's labor force.

The most popular sectors are retail sale, repair service, manufacturing, transport and communications, education, healthcare and social services, construction, state management, and the agricultural sector.

Employment issues are mainly regulated by the Russian Labor Code. Citizens of the RF have the right to work from the age of 14, but with the consent of one of the parents and the guardianship authority.

Every citizen of the RF has free access to the labor market anywhere in the country.

In 2018, October, the average monthly salary was 42 332 RUB (ca. 590 EUR). Average salaries were: 42 200 RUB (ca. 588 EUR) in education; 41 339 RUB (ca. 576 EUR) in culture and sport, 44048 RUB (ca. 614 EUR) in medical care and social services; 93 717 RUB (ca. 1.306 EUR) in science, research and development.

The unemployment rate is currently at 4.9%, but varies from region to region.

2. Ways/ assistance to find employment

Employment Centers are located in all regions throughout the RF. They provide different types of assistance in finding employment. Detailed information and contact details can be found on http://mxkr.ru/ru/tsentry_zanjatosti.

Online database of vacancies for all regions of the Russian Federation: www.trudvsem.ru

There are also private employment agencies providing services on a paid basis. Online sources for job search include:

- www.hh.ru
- www.irr.ru
- www.vakant.ru
- www.top-job.ru
- www.superjob.ru

Unemployed citizens should be proactive in finding employment. Job offers are provided by employment centers but the check for vacancies on websites is necessary

3. Unemployment assistance

General information on public and/or private unemployment assistance:

A person can be registered as unemployed at the Employment Center of the Federal Labor and Employment Service (Rostrud) located at the place of their permanent residence and apply for unemployment allowance.

The employment center will offer jobs to the applicant during the following 10 days after registration. If the applicant does not choose any of the offered vacant positions, they are recognized as unemployed.

Benefits and Costs:

Unemployment allowances are calculated based on the average salary received in the last job and is limited by the minimum and maximum size of allowance determined by the Russian legislation. The minimum allowance is RUB 1500 (21 EUR) per month and the maximum allowance is RUB 8000 (111 EUR). Benefits are paid monthly under the condition that the individual is undergoing the necessary re-assessment procedure within the terms and conditions set by the Employment Center.

III. Labour Market and Employment (2/2)

4. Further education and training

Unemployed persons registered with the Federal Labor and Employment Service have the right to attend free professional training courses to upgrade their skills. Private schools, training centers and institutes, providing paid services are also available.

Sample average costs for training:

Computer training (2-4 months): 130-330 EUR

Driving lessons and license: 270-625 EUR

Accounting course (2-4 months): 263-355 EUR

Hairdressing (2-4 months): 315-727 EUR

English language courses:

- Group training (3-4 months): 300-575 EUR

- Private lessons: 10-58 EUR/h

Unemployment Assistance: Access for Returnees

Eligibility and requirements:

Employment Centers register RF citizens not having a job and income and willing to find employment.

Registration procedure:

Citizens willing to be registered as unemployed need to apply to the local Employment Center.

Required documents:

- Passport or temporary ID, substituting passport
- Employment record book or its duplicate
- Salary statement from the previous job for the last year of work
- Taxpayer Identification Number certificate (INN certificate)
- Pension Insurance Certificate
- Documents proving education and professional skills



IV. Housing (1/2)

I. General information

Average rent in different cities of the RF can be checked on the following website: <https://rosrealt.ru/cena/arenda>.

Prices for rent vary depending on the region. The average price for utilities in the RF per month is currently at 3200 RUB (43.8 EUR). A good number of apartments and houses are available for rent in all regions of the RF.

Citizens not having private accommodation or living under poor conditions with very low income can apply for a free apartment. However, the waiting period for free apartments is several years or even decades. Local city administration provides clarification of the Housing Code of the RF regarding the citizens' categories, qualifying for free housing and the list of required documents to be submitted.

2. Ways/ assistance to find accommodation

Housing databases:

- www.incom.ru
- www.miel.ru
- www.cian.ru
- www.495-9256601.ru
- www.kvartirant.ru
- www.avito.ru
- www.irr.ru

3. Social grants for housing

There are no social grants for housing available. If a person wants to purchase an apartment, a few banks offer a lower interest rate (a minimum of 11%) for this purpose. Young families can use federal subsidies (the 'maternity allowance') for multiple-child families, which can be used for housing purposes. In 2018 the amount of the 'maternity allowance' stands at 453 026 RUB (EUR 6 206 approximately).



Credit: IOM Moscow / 2016

IV. Housing (2/2)

4. Shelters: Access for Returnees / Vulnerable Groups

Victims of trafficking, domestic violence, single mothers and other vulnerable groups may get housing/shelter opportunities in the RF. The majority of shelters are organized by local NGO's. It is recommended to check shelter availability prior to a migrant's return, as not all regions in the RF may have shelters. Following, the list of organizations providing shelters:

International Voluntary Organization “Alternativa”

For victims of forced labor, sexual exploitation, slavery, and domestic violence
Bersenevskaya Naberezhnaya, 8 c1
119072, **Moscow**, RF
Tel: +7 800 550 71 40
Email: rabstvo2013@yandex.ru
Internet: www.alternative.help

Nonprofit Organization “Women for Development”

For victims of domestic violence, women and children in difficult situations
Bisultanov Str., 103A
366041, **Grozny**, **Chechen Republic**, RF
Tel: +7 928 789 96 61
Email: bazaeva@mail.ru
Internet: www.womenfd.com

State-Funded Institution “Crisis Center for Women and Children”

For women and children in difficult situations, who are registered in Moscow
Dubki Str., 9A
127422, **Moscow**, RF
Tel: +7 499 977 17 05
Email: kcpz@mos.ru
Internet: www.krizis-centr.ru

State-Funded Institution for Social Services “Stavropol Social Services Center for Family and Children”

For families, women and children in difficult situations
Mira Str., 278Г
355004, **Stavropol**, Stavropolsky Kray, RF
Tel: +7 865 228 02 95
Email: c-semiya@yandex.ru
Internet: www.centerhelp26.ru

Crisis Center “Dom dlya Mamy”

For single mothers, and victims of domestic violence
Stanislavskogo Str., 22 c1
109004, **Moscow**, RF
Tel: +7 495 678 75 46, +7 965 262 98 78
Email: m.m.studenikina@yandex.ru
Internet: www.miloserdie.help

Center for Support for Motherhood and Childhood “Teply Dom na Gore”

For single mothers, and victims of domestic violence
Imama Shamilya Prospekt, 14
367008, **Makhachkala**, Dagestan Republic, RF
Tel: +7 963 790 41 09
Internet: www.instagram.com/teply_dom_na_gore/vk.com/td_na_gore

Motherhood and Childhood Welfare Center “Angel-Khranitel”

For single mothers, and victims of domestic violence
Shishkova Str., 65
394068, **Voronezh**, RF
Tel: +7 951 867 92 38, +7 908 142 57 56
Email: priut-ah@yandex.ru
Internet: www.centr-mama.ru

Crisis Center for Women “Kitezh”

For women and children in difficult situations, and for victims of violence
Moscow Oblast, Yaroslavskaya Oblast (the address will be named after a personal interview)
Tel.: +7 916 920 10 30
Email: tsentr.kitej@gmail.com

V. Social Welfare (1/2)

I. General information

There are basic social security and social welfare system in Russia, which administers pensions and provides benefits to the most vulnerable citizens.

Costs:

No financial participation of the beneficiary is required.

Benefits:

Benefits depend on the specific case of the returnee.

Social Welfare System: Access for Returnees

Eligibility and requirements:

There is a basic social security and social welfare system in Russia, which administers pensions and provides benefits to the most vulnerable citizens.

Registration procedure:

The beneficiary should consult the local Department of the Ministry of Labor and Social Protection of Population and will be given a step-by-step instruction.

Registration documents:

The set of needed documents will be indicated during the counselling.

2. Pension System

Detailed information can be obtained from:

<http://www.pfrf.ru/>

Persons reaching the retirement age (60 years for women and 65 years for men) with at least 10 years of insurance record, are entitled to the insurance part of old-age pension. Other categories of people entitled to receiving a pension also apply. Detailed information is available at:

http://www.pfrf.ru/grazdanam/federal_beneficiaries/kategorii_fed/

The beneficiary should register at the local pension fund and follow the step-by-step instruction after the initial counselling. The set of needed documents will be indicated during the counselling

Costs and benefits:

No financial participation of the beneficiary is required. All benefits are discussed with the specialist during the initial consultation.

Pension System: Access for Returnees

Eligibility and requirements:

There are no special regulations for returnees: once they reach the retirement age (60 years for women and 65 years for men) with at least 10 years of insurance record, they are entitled to the insurance part of old-age pension. For other categories that are eligible as well see the links above.

Registration procedure:

The beneficiary should register at the local pension fund and follow the step-by-step instruction after the initial counselling.

Registration documents:

The set of needed documents will be indicated during the counselling.

V. Social Welfare (2/2)

3. Vulnerable Groups

Vulnerable groups are families with 3 children or more, elderly people and disabled people.

Assistance for vulnerable persons:

Family benefits: The minimal monthly allowance for child care in case of the first child is 3142 RUB (EUR 43). In case of the second child and the following children 6284 RUB (EUR 86). The maximum monthly allowance is 26 152 RUB (EUR 358).

Detailed information on benefits for families with 3 children and more is available at:

http://www.socialnaya-podderzhka.ru/mery_socialnoj_podderzhki/mery_socialnoj_podderzhki_mnogodetnyh_semej/

Maternity benefits:

Maternity leave is 140 days with 100% of the salary. It can increase to 194 days in the event of multiple child pregnancy. The minimum maternity benefit is 100% of the official minimum wage up to a legal maximum of 40 hours if in full-time employment. Minimum amount of maternity monthly allowance is RUB 9 489 (EUR 130) and maximum allowance amounts to RUB 61 327 (EUR 840).

Disability benefits:

Employed persons with a status implying disability are entitled to disability labor pension. Disability labor pension is granted regardless of the cause of disability. The pensions are paid for the period of disability or until reaching the normal retirement age.



Credit: Daniil Silantev

VI. Educational System

I. General information

Every child has the right to preschool and school education. For detailed information, please visit

<http://xn--80abucjiibhv9a.xn--p1ai/>

Educational Level	Age
e.g. Child care / nursery school	0 – 3
e.g. Kindergarten	3 – 6
Primary Level	
e.g. Elementary School	6,5– 10
Secondary Level	
e.g. Middle School	10 – 15
e.g. High School	15 – 18
Higher Education	
e.g. Collegen, University, Professional School etc.	From 18

2. Cost, loans and stipends

Kindergartens are free, but some services are provided on a paid basis (the fees vary a lot). Education in secondary schools is free. Some schools can offer additional service fees

Access and requirements to stipends and/or loans for covering tuition:

There are state-funded and private higher education institutions in the RF. Some educational institutions for higher education and professional training can offer a limited number of stipends.

Results of the final state/ internal examinations decide about a possible stipend. Some banks can offer special loans for education at rates starting from 7.5%.

3. Approval and verification of foreign diplomas

Documents should be translated into Russian and apostilled.

Educational System: Access and Registration Procedure for Returnees

Citizens can apply directly at kindergartens or schools,

Online applications are also possible via the following website: <https://www.gosuslugi.ru/10999>.

In order to be enrolled in kindergarten or school the following documents are needed:

- Application form (online or in MFC)
- Birth certificate
- Permanent registration
- Parent's ID
- Medical form issued by the polyclinic
- Vaccination form

In case the child studied abroad the family should provide a reference from the foreign school and an academic transcript translated into Russian.

VII. Concrete Support for Returnees

1. Reintegration assistance programs

Returnees are not treated as a special category of population or vulnerable persons.

2. Financial and administrative support

Micro-credits for small businesses can be taken out in banks with a rate starting from 10.6 %. Some regions can offer special grants on competition base for people who wish to start their own business.

3. Support to start income generating activities

Programmes to support small business are implemented on the regional level, but the funds are limited. Successful candidates are identified based on the results of their business plans' competition. They may receive a grant or a loan.



Credit: IOM Moscow / 2016

VIII. Contact Information and Useful Links (1/3)

International, Non-Governmental and Humanitarian Organizations

International Organization for Migration Mission in the Russian Federation

2nd Zvenigorodskaya str., 12
123100, Moscow, RF
Tel: +7 495 7978722, +7 499 2533522
Email: iommoscow@iom.int
Internet: <http://moscow.iom.int>

The UNHCR Representation in the Russian Federation

Leontievskiy lane, 9
125009, Moscow, RF
Tel: +7 495 6600901
Email: rusmo@unhcr.org
Internet: <http://www.unhcr.ru/>

Russian Red Cross Society

Cheryomushkinskiy proezd, 5
117036, Moscow, RF
Tel: +7 499 1267571 / 1260190 / 1267611
Email: mail@redcross.ru
Internet: <http://redcross.ru>

Civic Assistance Committee

Olympiyskiy prospect, 22
129110, Moscow, RF
Tel: +7 495 6811823 / 6811532
Email:
Internet: <http://refugee.ru>

Women for Development

Ismail Ibrahimovich Bisultanov street, 103A,
Staropromyslovskiy district,
Grozny, the Chechen Republic, RF
Tel: +7 928 7899661
Email: bazaeva@mail.ru
Internet: <http://womenfd.com/>

Sodruzhestvo – Dagestan Regional Public Organization for the Protection of Women's and Children's Rights

Magomedtagirova str., 163, apt. 15
Makhachkala, the Republic of Dagestan
Tel: +7 989 4701513
Email: gelichova@mail.ru
Internet: <http://dagwoman.ru/>

VIII. Contact Information and Useful Links (2/3)

Relevant local authorities (employment offices, health/pension insurances etc.)

Ministry of Labor of the Chechen Republic

Grozny, Delovaya str., 15

Tel: +7 (8712) 22-21-22

E-mail: mail@mtchr.ru

Addresses and contacts of employment centers in various districts are available on the website:

<http://mtchr.ru/?s=%D1%86%D0%B5%D0%BD%D1%82%D1%80%D1%8B+%D0%B7%D0%B0%D0%BD%D1%8F%D1%82%D0%BE%D1%81%D1%82%D0%B8&submit>

State Employment Center in Groznenskiy district

Grozny, A. A. Kadyrov Avenue, 217

Head: Shakhgeriev Temirlan Ruslanovich

Email: 3233233@mail.ru

Tel: 8 (8712) 33-36-20, 8 (988) 904-31-07, 8 (989) 926-47-24

Ministry of Labor of Dagestan

Makhachkala, Abubakarova str., 117

Tel: +7 (8722) 64-15-04; +7(8722)67-94-43

Internet: www.dagmintrud.ru

E-mail: mintrud@e-dag.ru

Addresses and contacts of employment centers in various districts are available on the website:

<http://www.dagmintrud.ru/uchrezhdeniya/tsentry-zanyatosti-naseleniya/>

Ministry of Labor of Ingushetia

Magas, Novaya str., 11

Tel: 8 (8734) 55-20-65

Email: mintrudi@mail.ru

Internet: <https://mintrudri.ru/>

Addresses and contacts of employment centers in various districts are available on the website:

<http://ingushetia.regiontrud.ru/home/zan/czn.aspx>

Department of labor and employment of Krasnodar region

Krasnodar, Zipovskaya str., 5

Tel: +7 (861) 252-34-96

Email: dgsz@krasnodar.ru

Internet: www.kubzan.ru

Employment Center in Stavropol

Stavropol, Lermontova str., 181

Tel: +7 (8652) 94-39-52

Services assisting with the search for jobs, housing, etc.

,Region' estate agency

The Chechen Republic

40a Kadyrova Avenue, office 22

Tel: +79604407722, +79659654040 , +79280170172

Email: region_rielt@mail.ru

Internet: <http://region-95.ru/>

VIII. Contact Information and Useful Links (3/3)

Other contacts (e.g. NGOs for women and children)

Ombudsman for Human Rights in the Chechen Republic

364051, the Chechen Republic, Grozny, Esambayev Avenue, 4

Tel: +7 8712 223457 / 22-31-35

Email: upch_chr@mail.ru

Internet: <http://chechenombudsman.ru>

Ombudsman for Human Rights in the Republic of Dagestan

367005, the Republic of Dagestan, Makhachkala, Lenin square, 2

Tel: +7 (8722) 678799 / 67-31-38 / 67-31-52

Email: dag.ombudsman@mail.ru

Internet: <http://dagombu.ru/>

Ombudsman for Children's Rights in the Chechen Republic

364051, the Chechen Republic, Grozny, V. V. Putin Avenue, 3

Tel: 8(8712) 294774

Email: pravarebenkachr@mail.ru

Internet: <http://deti.gov.ru/region/chechen/bio>

Ombudsman for Children's Rights in the Republic of Dagestan

367005, the Republic of Dagestan, Makhachkala, Lenin square, 1

Tel.: 8(8722) 517658, 8(8722) 517648

Email: detird@mail.ru

Internet:

<http://detird.ru/%D1%83%D0%BF%D0%BE%D0%BB%D0%BD%D0%BE%D0%BC%D0%BE%D1%87%D0%B5%D0%BD%D0%BD%D1%8B%D0%B9-%D0%BF%D0%BE-%D0%BF%D1%80%D0%B0%D0%B2%D0%B0%D0%BC-%D1%80%D0%B5%D0%B1%D0%B5%D0%BD%D0%BA%D0%B0>

Ombudsman for Human Rights in Republic of Ingushetia

386001, the Republic of Ingushetia, Magas, D. Malsagova st., 11

Tel: +7 (8734) 551175, +7(963) 1724270

Email: upch_ing@mail.ru

Internet: <http://ingushombudsman.ru/>

Ombudsman for Children's Rights in Republic of Ingushetia

386000, the Republic of Ingushetia, Magas, D. Malsagova st., 11

Tel: +7(347) 2808525 / 280-88-41

Email: ingush@rfdeti.ru

Internet: <http://deti.gov.ru/region/ingush>